

**THIS CHART SHOWS SOME OF THE EFFECTS OF SPINAL MISALIGNMENT**

Every area of the body is controlled by nerves. The normal function of these nerves can be disturbed by misalignments of the vertebrae effecting the diseased conditions shown below.



VERT	AREA	EFFECTS
1C	Blood to face, brain, scalp, ears.	Headaches, nervousness, high blood pressure, dizziness.
4C	Nose, lips, mouth.	Hay fever, hard of hearing, deafness.
6C	Neck muscles, shoulders.	Stiff neck, pain in upper arm, sore throat.
1T	Lower arm, hands, esophagus, trachea.	Pain in lower arm, asthma, cough, short breath.
3T	Lungs, pleura, chest.	Bronchitis, pleurisy, carcinoma, pneumonia.
6T	Stomach.	Nervous stomach, indigestion, heart burn, ulceration.
10T	Kidneys.	Kidney trouble, hardening of the arteries, diabetes.
12T	Small intestines, lymph circulation.	Pneumatism, gas pains.
2L	Appendix, abdomen, upper leg.	Appendicitis, cramps, varicose veins.
4L	Lower back muscles, prostate.	Backaches, lumbago, BPH, urination.
5L	Lower legs, ankles, feet.	Leg cramps, swollen ankles, weak arches.

Do you have any of the above conditions and just not getting relief from them? Then it's time for a change to chiropractic. All cases accepted regardless of ability to pay!

**NO CHARGE FOR SPINAL X-RAYS**

**DR. J. F. DeMENT**  
**CHIROPRACTOR**

102 N. Wilmot

296-2051

*Angela D... 8/4/71*

WEDNESDAY, JULY 10, 1968

SOUTH BAY'S NEWSPAPER

**DR. EUGENE J. TERRANA  
CHIROPRACTOR**

*Announces the opening of  
New Offices at*

**1435 THIRD STREET  
WEST BABYLON**

*Affiliated with  
The Life Foundation which  
enables us to give*

**FREE SPINE X-RAYS**  
*to the community*

**HUNTINGTON STATION  
OFFICE**  
**517-A E. JERICO TPKE.**  
Hours: TUES. THURS. & SAT.  
FOR  
APPOINTMENT **271-6696**

**WEST BABYLON  
OFFICE**  
Hours: MON. WED. & FRI.  
**BY APPOINTMENT ONLY**  
Call **MO 9-9294**

ACR

000908

Bloomsburg Morning Press

June 28 '71

## SLIPPED DISC? LEG PAIN?

Modern Methods of Treatment  
Offer Remarkable Relief

Research indicates that most low back and associated leg pains are caused by mechanical defects in the lower spine.

When a spinal segment is not in its normal position, it partly closes nerve openings between the vertebrae, which in turn cause the nerves to be pinched . . . the result is nerve pain which extends down the leg.

### *The 5 Danger Signals . . .*

1. Stiffness or pain in the lower back.
2. Numbness pain or tingling in the legs.
3. Extreme fatigue in the lower back or legs.
4. Painful hips or knees.
5. Morning stiffness upon arising.

An estimated half million people will be disabled this year by spinal defects which cause low back and leg pain.

"Any of the above complaints require prompt attention."

SPINAL X-RAYS ARE COMPLIMENTARY

Phone 704-0260

*Dr. Glenn Neiderhiser*

CHIROPRACTOR

BLOOMSBURG CHIROPRACTIC CENTER

Rt. 11, Bloomsburg-Danville Highway, Bloomsburg, Pa.

OFFICE HOURS

Monday, Tuesday, Wednesday, Friday, 9:00 A. M. to 11:00 A. M.  
1 to 4 P. M. 6 to 10 P. M.

408 000000

Keep That Happy Healthy Feeling

Indiana, Pa.

Aug 9, 1971

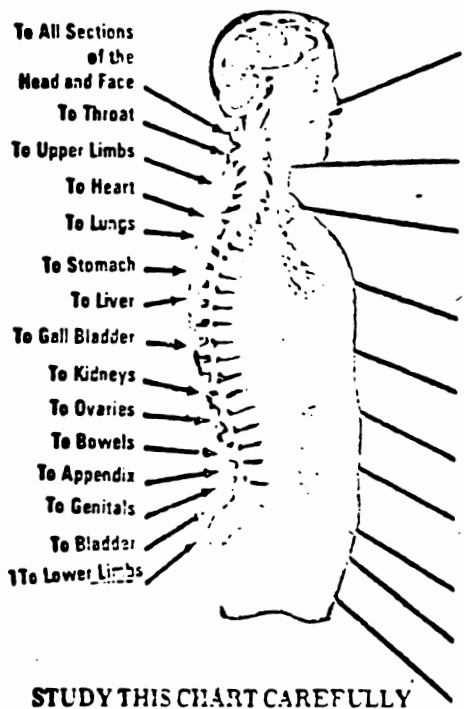
# NERVES... JUST NERVES!

"Your trouble is nerves, just nerves, that's all," many have been told. But, your nerves are too important to your body to be dismissed so easily.

Nerves make possible every function of your body. Your nerves transmit all sensations to and from the brain. Your nerves make possible sight, smell, taste and hearing. Nerves maintain your balance and keep your

body temperature at 98.6 degrees. Nerves control your blood pressure, stomach action, blood flow, speech and breathing. Nerves make your bowels move. Nerves make it possible to swallow. In fact every function taking place in your body is under the control of the nerve system, often called "THE MASTER SYSTEM OF THE HUMAN BODY."

## STUDY THIS CHART CAREFULLY...



1. A slight "pinching" of nerves at this point can cause head ache, some eye disorders, ear problems, insomnia, abnormal blood pressure, colds, hay fever, sinus trouble, nervousness, wry or stiff neck, some types of arthritis, colic in babies, glandular trouble, etc.
2. A nerve difficulty in this part of the spine can be the cause of so-called throat trouble, neuralgia, pain in the shoulder and arms, goiter, nervous prostration, etc.
3. In this part of the spine, a "pinched" nerve can cause so-called bronchitis, pain between the shoulder blades, rheumatism and neuritis of the arms, shoulder, or hands, burr's, etc.
4. A blocked nerve at this point can cause so-called nervous heart or fast heart, asthma, difficult breathing, bronchial congestion, etc.
5. Stomach and liver trouble, pleurisy and a score of other troubles, can be caused by pressure in this part of the spine.
6. Nerve pressure at this point can cause gall bladder problems, dyspeptic or gas of upper bowels, shingles, hiccups, etc.
7. Certain kidney problems, eruptions and other skin diseases can be caused by nerves being pinched in the spinal openings at this point.
8. Chiropractic adjustments here often help such troubles as so-called lumbago, constipation, colitis, etc.
9. Nerve pressure at this point can cause bladder frequency, prostrate pains.
10. A slight slippage of one or both of the hip bones or the sacrum may cause so-called sciatica, leg or knee pains, and many other leg problems.

### STUDY THIS CHART CAREFULLY

See how the nerves go through the spinal openings? Nerve pressure at one or more of these points may be the underlying CAUSE OF YOUR CONDITION.

**FREE  
SPINE  
X-RAYS**  
Except  
cases  
covered by  
insurance

No matter how long you have been sick, no matter what you are suffering from, no matter what you have been told about your problem, it may be that you are strictly a Chiropractic case and have been treated for something else. You cannot say everything has been done unless you have first tried chiropractic.

**We Accept All Cases Regardless Of Ability To Pay**



## DR. JOHN DI MOND CHIROPRACTOR

450 North 9th St.

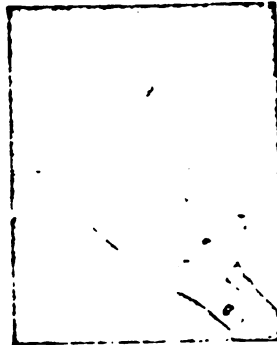
Indiana, Pa.

BY APPOINTMENT  
PHONE 485-6751

ACE

000910

The Valley Daily News  
 Tarentum, Pa.  
 July 20, 1971



Dr. Leonard Agostino, D.C.

**FREE  
 SPINE  
 X-RAYS  
 DURING JULY**  
 (Unless Covered  
 by Insurance)

**We accept all cases re-  
 gardless of conditions  
 or financial ability to  
 pay.**

**HEADACHES?  
 NERVES?  
 SLIPPED DISC?  
 WHIPLASH?  
 PAINS?**

Pinched nerves may be the cause of many painful conditions. When a spinal segment is not in its normal position, it partly closes nerve openings between the vertebrae, which in turn causes the nerve to be pinched. This will cause a reduction in the flow of nerve energy to some part of the body. When this occurs, the organs and tissues which the pinched nerve supply cannot function properly . . . pain and susceptibility to disease will result. That is why the Chiropractic profession has always stated that to maintain **GOOD HEALTH** and **FREEDOM** and **DISEASE**, all spinal misalignments should be promptly checked and corrected.

**✓ CHECK THE 10 DANGER SIGNALS . . .**

- |   |   |
|---|---|
| <input type="checkbox"/> 1. Stiffness or pain in the lower back.                | <input type="checkbox"/> 6. Grating and popping noises when turning head.     |
| <input type="checkbox"/> 2. Numbness, pain or tingling in the legs.             | <input type="checkbox"/> 7. Recurring headaches.                              |
| <input type="checkbox"/> 3. Extreme fatigue in the lower back or legs.          | <input type="checkbox"/> 8. Numbness, pain or tingling in the arms or hands.  |
| <input type="checkbox"/> 4. Frequent pain between the shoulders.                | <input type="checkbox"/> 9. Painful joints, shoulders, elbows, hips or knees. |
| <input type="checkbox"/> 5. Persistent pain and muscle tension in back of neck. | <input type="checkbox"/> 10. Loss of sleep.                                   |

*"Prompt attention will mean BETTER HEALTH and LONGER LIFE."  
 "Eventually Chiropractic . . . Why Not Now?"*

**WHY BE SICK WHEN YOU CAN BE WELL**

**AGOSTINO CHIROPRACTIC CENTER**  
 491 RIDGE AVE. NEW KENSINGTON-CORNER OF RIDGE & WALNUT  
 (Directly across from New Ken Jr. High School)  
 PHONE ANSWERS 24 HOURS DAILY

000911

*The Daily Item*  
*Sunbury, Pa.*  
*July 19 '71*

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## GOOD HEALTH Can Be Yours

95% OF THE NERVES THAT CONTROL YOUR BODY'S MUSCLES, ORGANS AND THEIR FUNCTIONS, ORIGINATE IN YOUR SPINE.

YOUR CHIROPRACTOR IS BEST QUALIFIED TO FIND AND CORRECT, OUT OF LINE BONES IN YOUR SPINE WHICH MAY BE PINCHING THESE NERVES, CAUSING YOUR HEALTH PROBLEM.

SOME CONDITIONS WHICH RESPOND WELL TO CHIROPRACTIC ARE:

HEADACHES, SCIATICA, ALLERGIES, DIZZINESS,  
FEMALE DISORDERS, WHIPLASH INJURIES,  
ULCERS AND BED WETTING

PRESENTED FOR PUBLIC INFORMATION BY:

**DR. T. M. HOUSER**

**CHIROPRACTOR**

ONE BLOCK OFF MAIN STREET  
FIFTH AND ELM STREETS — WATSONTOWN, PENNA.  
Phone 533-2333 For Your Appointment Today

### OFFICE HOURS

MONDAY, WEDNESDAY, FRIDAY — 9-12, 1-4, 6-9

TUESDAY — 9-12, 1-5 — CLOSED THURSDAY

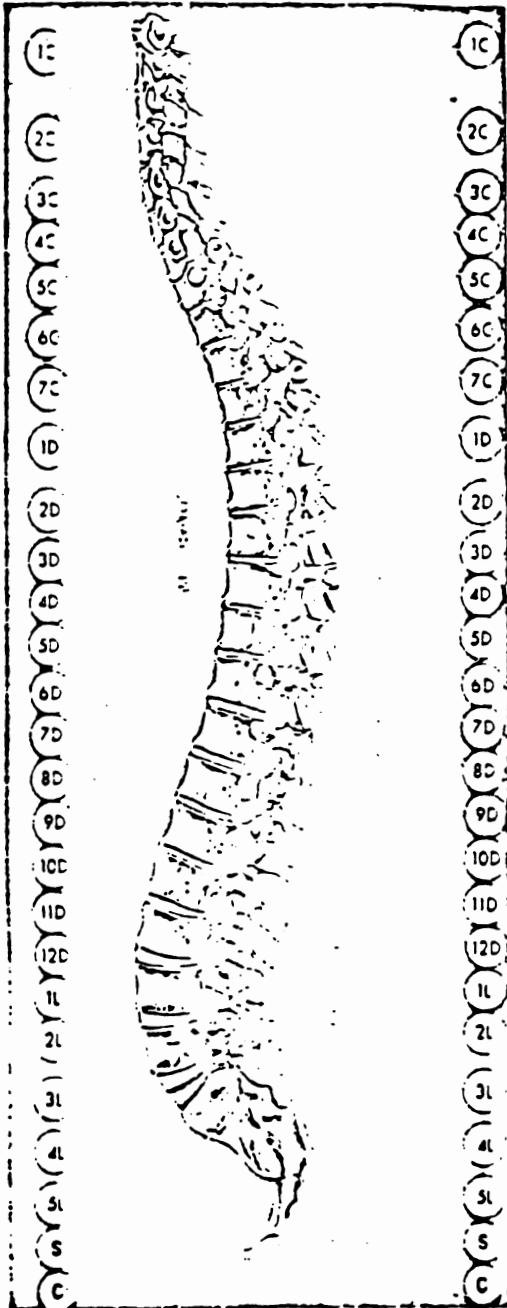
**ALL SPINAL X-RAYS FREE OF CHARGE**

WE ACCEPT ALL PERSONS  
REGARDLESS OF CONDITION OR FINANCIAL ABILITY TO PAY

**NOTICE — OFFICE WILL BE CLOSED THIS  
THURSDAY, FRIDAY & SATURDAY  
Due to Attending Educational Seminar**

CR 070912

The Milton Standard  
 Milton, Pa  
 June 21 '71



# CHIROPRACTIC Found To Be Effective For ASTHMA & HAYFEVER

Now that the allergy season is upon us, most of the asthma and hayfever sufferers are resorting to their various remedies for this problem. They don't realize that these medicines are merely covering the symptoms and not getting rid of the cause of their allergy.

Chiropractic care eliminates the cause of these problems by restoring your body's nerve supply.

If you are an allergy sufferer, try Chiropractic. It just might work for you.

**PHONE 533-2003**

For Your Appointment Today

**ALL SPINAL X-RAYS**  
**COMPLIMENTARY**

**Dr. T. M. Houser**

**Chiropractor**

5th and Elm Streets

**Watsonstown**

**OFFICE HOURS**  
 Mon., Wed., Fri. 9-12, 1-4, 6-9  
 Tuesday 9-12, 1-5  
 Closed Thursday

The Areas Newest and Finest Health Service 060916

The Daily Item

Sunbury, Pa.

Aug 2 '71

## ASTHMA & HAY FEVER VICTIMS

IF ASTHMA AND HAY FEVER ARE KEEPING YOU FROM FULL ENJOYMENT OF THE SUMMER SEASON, AND YOU HAVE TRIED MEDICINES WHICH ONLY COVER UP THE SYMPTOMS.

### TRY THE CHIROPRACTIC WAY

YOUR CHIROPRACTOR IS BEST QUALIFIED TO FIND AND CORRECT, OUT OF LINE BONES IN YOUR SPINE WHICH MAY BE PINCHING THESE NERVES, CAUSING YOUR HEALTH PROBLEM.

**DR. T. M. HOUSER**  
CHIROPRACTOR

ONE BLOCK OFF MAIN STREET  
FIFTH AND ELM STREETS — WATSONTOWN, PENNA.  
Phone 538-2893 For Your Appointment Today

#### OFFICE HOURS

MONDAY, WEDNESDAY, FRIDAY — 9-12, 1-4, 6-9  
TUESDAY — 9-12, 1-6 —:— CLOSED THURSDAY

**ALL SPINAL X-RAYS FREE OF CHARGE**

WE ACCEPT ALL PERSONS  
REGARDLESS OF CONDITION OR FINANCIAL ABILITY TO PAY

ACR 060914



**DR. ALBERT H.  
KORNERBERGER**  
CHIROPRACTOR

Hours Daily Except  
Wednesdays & Sundays

200 East Mahanoy St.  
Mah. City 773-1142

*Evening Herald of Shenandoah*

*June 22 '71*

## RUN DOWN

When you feel tired or not up to par, have headaches or pains, you doubtlessly very often compare your own body to that of the mechanism of a watch. "I'm run down," you say.

Just as a watch needs adjusting from time to time, so does your body—through CHIROPRACTIC care. The vital requirement for health is to keep the nerve channels clear so there is unrestricted communication between the brain and the rest of your body.

Any one of a thousand causes can throw the spine off balance, interfering with proper channeling of nerve impulses for this communication.

**REMEMBER—CHIROPRACTIC IS THE KEY TO GAINING AND MAINTAINING GOOD HEALTH.**

### ALL SPINAL X-RAYS FREE

To Insure Your Appointment,

No Waiting, Phone 533-2393



**Dr. Tom Houser** 5th and Elm Street,  
Chiropractor (1 Block Off Main St.)

We Accept All Cases  
Regardless of Condition  
Or Financial Ability  
To Pay.

We Will Be Closed  
Thurs., Fri. & Sat.  
July 22, 23, 24

Attending Educational Seminar

**Watsontown**

**OFFICE HOURS**

Mon., Wed., Fri.  
9-12, 1-4, 5-9  
Tues. 9-12, 1-5  
Closed Thursday

*Wilton Standard*

*Wilton, Va.*

*July 21 '71*

ACR 000915

*The following is a  
HLL certificate, Pa  
-130/71*

## To Whom It May Concern:

For two years my health has slowly deteriorated having to drive myself, always tired, fitful sleep, weak joints, losing weight, first symptoms of possible prostate malfunction, finding fault with everybody; had x-rays of lungs and joints, no remedy suggested. If no medical treatment could help, I decided from Dr. McKim's advertisements to give him a last chance for me with nothing to lose and everything to gain. After 8 weeks, my strength has returned, most pains disappeared, feel happy with a returned health, my outlook on life is more cheery, no longer wear my knee and ankle elastic supports, and while going through middle age symptoms, that's saying something!

Dr. McKim and staff took a real personal interest in my case to make me well again. I believe that it is his greatest motive in being in Chiropractic. Luckily my case was still salvageable; had it not been, I probably would be flat on my back today.

Most cases of ill health are salvageable, and I heartily recommend Dr. McKim to anyone who is skeptical about the results of Chiropractic and also those well enough to keep their health.

Mr. S. K.  
Bethlehem, Pa.

Sworn and subscribed to before me this 17th day of August, 1971.

Sponsored by: **H. F. McKim, D.C.**

1967 W. Union Blvd.  
Bethlehem, Pa. 18018  
Telephone 865-2010

ACR 000917

## Healthy Living

"How are you?" . . . "How have you been?" . . . the usual greeting of almost anyone you meet. It reveals that health is a major preoccupation with almost everyone. Health has been one of man's greatest concerns since he first learned to bathe his wounds in water and rub his painful joints.

CHIROPRACTOR  
Dr. H. F. McKim

Yes, your health is a precious thing. Other possessions seem of little importance when one does not have good health. When health is lost, other losses follow: you may lose your job . . . your friends . . . your money . . . or have to break family ties, leave lifelong friends, and go to the expense and discomfort of traveling to distant places seeking help and relief from your pain or illness. Yes, when illness strikes, tragedy follows . . . and illness is on the increase! Why?

Fifteen million Americans now suffer from chronic headaches . . . another twenty eight million have arthritis! Heart disease is still the No. 1 killer. Chronic fatigue, high blood pressure, stomach ulcers and nervous disorders still must be dealt with. Hay fever, asthma, sinus and emphysema make hundreds of thousands miserable. Neuritis, bursitis and sciatica plague millions more. Chronic ailments are on the increase EVERY DAY.

Chiropractic, the OTHER method of health care, is meeting the challenge. Chiropractic is the largest NATURAL healing profession in the world. It reached that position by getting people WELL.

Hundreds of persons with sicknesses of many different natures find their way to our office every week. Most of them find relief and happiness through our services. Of course, chiropractic does not promise to be a "cure-all." But it does give the promise that a new and proven science will be used in an effort to restore the natural health everyone is meant to enjoy.

What's your health problem?

SEE YOUR CHIROPRACTOR TODAY.

**WHY BE SICK WHEN YOU CAN BE WELL?**

**FREE SPINAL X-RAYS**

*Sponsored by*

**McKIM**

**CHIROPRACTIC CENTER**

Daily 8:30 to 12 and 2:30 'til 8

Closed Saturdays and Thursday Nights

1967 W. Union Boulevard, Bethlehem

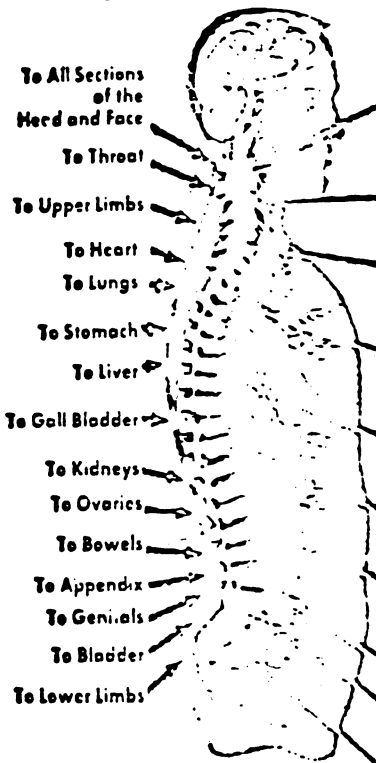
Phone 865-2010

*Keep That Happy, Healthy Feeling*

ACD010910

# FOR HEALING ... WHICH MAKES THE MOST SENSE?

Continually deadening the Nervous System by the use of pills, medicine, or drugs or adjusting the cause to restore normal life back into the Nervous System.



## YOUR LIFELINE CHART

1. A slight "pinching" of nerves at this point can cause headaches, some eye diseases, ear problems, insomnia, abnormal blood pressure, colds, hay fever, sinus trouble, nerve-stress, dry or stiff neck, types of arthritis, colic in babies, glandular trouble, etc.
2. A nerve difficulty in this part of the spine can be the cause of so-called throat trouble, neuralgia, pain in the shoulder and arms, gastric nervous prostration, etc.
3. In this part of the spine a "pinched" nerve can cause so-called bronchitis, pain between the shoulder blades, rheumatism and neuritis of the arms, shoulder or hands, bursitis, etc.
4. A blocked nerve at this point can cause so-called nervous heart or fast heart, asthma, difficult breathing, bronchial congestion, etc.
5. Stomach and liver trouble, pleurisy and a score of other troubles can be caused by pressure in this part of the spine.
6. Nerve pressure at this point can cause gall bladder problems, dyspepsia or gas of upper bowels, shingles, hiccups, etc.
7. Certain kidney problems or diseases, eruptions and other skin diseases can be caused by nerves being pinched in the spinal openings at this point.
8. Chiropractic adjustments here often help such troubles as so-called lumbrago, constipation, colitis, etc.
9. Nerve pressure at this point can cause bladder frequency, prostate problems, lower bowel and abdominal pains.
10. A slight slippage of one or both of the hip bones or the sacrum may cause so-called sciatica, leg or knee pains and many other leg problems.

Approximate representation of spine

*The Morning Call  
Allentown, Pa.  
June 25 '71*

## ENJOY BETTER HEALTH THROUGH CHIROPRACTIC

1. Relieves Pain without dangerous drugs.
2. Restores Health without unnecessary surgery.
3. Prolongs Life naturally and economically.

We accept all patients regardless of condition or financial ability to pay!

WHY BE SICK WHEN YOU CAN BE WELL?

\*FREE SPINAL X-RAYS

Sponsored by

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**CHIROPRACTIC CENTER**

Daily 8-30 to 12 and 3-30 to 8

Closed Saturdays and Thursday Nights

1967 W. Union Boulevard, Bethlehem

Phone 865-2010

\*Except cases covered by insurance

Dr. H. F. McKim  
CHIROPRACTOR

*Keep That Happy, Healthy Feeling*

ACC 000919

THE SPINE IS ONLY THE STARTING PLACE

# DOES IT HURT TO GET WELL?

Modern Chiropractic techniques have  
eliminated needless pain

When a night-club or TV comic is really hard pressed for material, he may drag out the old one about getting mangled by a chiropractor.

Anyone who has had experience with modern chiropractic knows that just isn't so. Nevertheless, it's common for a chiropractor to have new patients ask him, "This isn't gonna hurt much, is it?" And one can only guess at the large number who are denying themselves beneficial chiropractic adjustment because they fear pain on the adjusting table.

The patient is aware that he is being adjusted, but usually is surprised to find that it is a very comfortable and pleasant. If he suffered pain when he entered the chiropractor's office, it may be lessened. Quite possibly a stiffness will feel more limber. But actual pain, as such, on the adjusting table, is practically non-existent in modern chiropractic practice.

People are interested not so much in what is done FOR them as they are in what is done TO them. The doctor of chiropractic seeks to know just one thing and that is, "DOES NERVE PRESSURE EXIST AND WHERE?" Then he seeks to remove such pressure allowing the mental impulses to properly flow from brain cell to tissue cell.

The chiropractor does FOR the patient the thing that gets to the root of the trouble. He seeks out the CAUSE of disease and then sets out to correct the cause. Remember, it is not so much what is done TO a person that counts, it is what is done FOR the person that counts.

## WHY BE SICK WHEN YOU CAN BE WELL?

*Keep That  
Happy, Healthy  
Feeling*

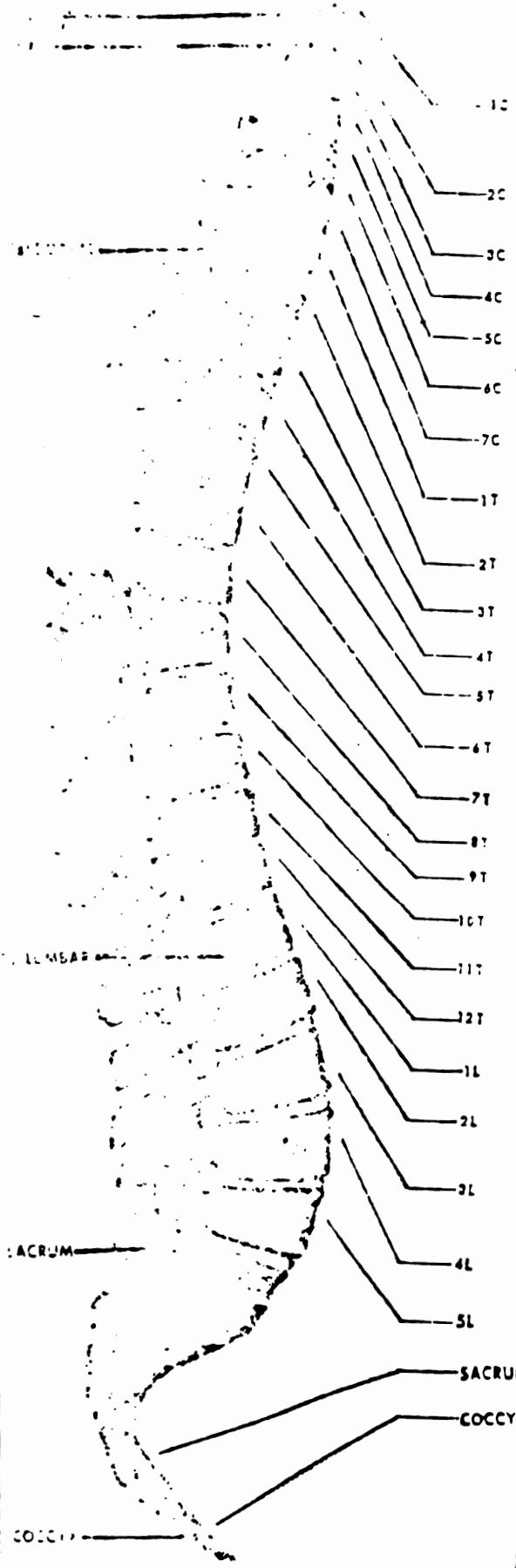
**FREE SPINAL X-RAYS**

*Sponsored by*

**McKIBBEN**

**CHIROPRACTIC CENTER**

Daily 8:30 to 12 and 3:30 to 8  
Closed Saturdays and Thursday Nights

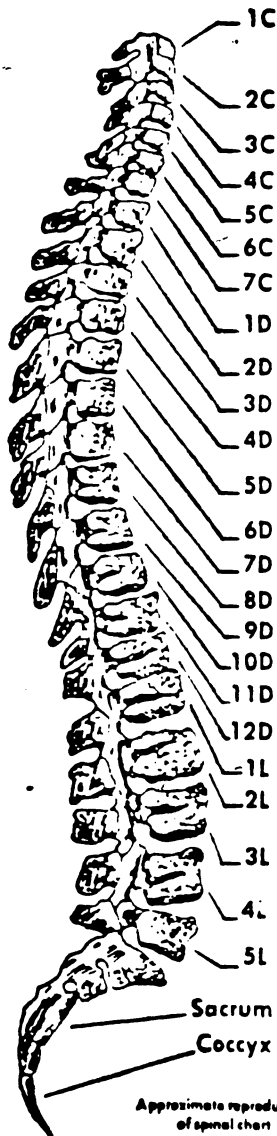


MORNING CALL  
AUGUST 25, 1971

060920  
DR. M. S. ...  
CHIROPRACTOR  
Phone 265-0111

# YOUR VISIT TO A DOCTOR OF

# CHIROPRACTIC



Approximate reproduction  
of spinal chart

What happens when you walk into a chiropractor's office for the first time? You're nervous, perhaps a little worried. You've agreed to try chiropractic because a friend has recommended it, and perhaps orthodox medical methods have failed to help you. Now what will this new treatment be like?

First will come your case history. He will want to know about your symptoms, your previous treatment and other details. He will probably want to have a spinal x-ray.

When he examines you, your chiropractor is not looking for a germ to "blame" your trouble on, or even for a name with which to characterize your condition. He is seeking, instead, the clue to the structural malformation that has made your body a prey to the diseased condition.

Once he has determined the area that requires attention the chiropractor will initiate you into the "adjustment." He does this by moving a vertebra in the direction necessary to re-align it perfectly as nature intended it to be.

The immediate reaction to your "adjustment" may be none or several. You may feel exhilarated, or you may experience a sensation of warmth. It may take one adjustment or many adjustments to correct your problem. This depends on your body.

**CHIROPRACTIC CANNOT DO EVERYTHING; BUT WHAT IT CAN DO, IT DOES WELL.**

Below is a partial list of so-called conditions which may be caused by pinched nerves.

stomach conditions  
headaches  
menstrual cramps

arm and leg pains  
constipation  
sinus trouble

**WHY BE SICK WHEN YOU CAN BE WELL?  
FREE SPINAL X-RAYS**

*Sponsored by*

# McKIM

## CHIROPRACTIC CENTER

Daily 8:30 to 12 and 3:30 to 8  
Closed Saturdays and Thursday Nights  
1967 W. Union Boulevard, Bethlehem  
Phone 865-2010



Dr. H.F. McKim  
CHIROPRACTOR

*Keep That Happy, Healthy Feeling*

000921

**THE SPINAL COLUMN  
DON'T HAVE TO LIVE WITH IT**

For Those Of You Who Have Been Suffering Endlessly, For Those Who Have Invested Thousands Of Dollars In Vain, All Searching For Help, Only To Be Told, "You'll Have To Live With It", Note This, The Amazing Growth Of The Chiropractic Profession Has Been Due Largely To The Sometimes Amazing Results Achieved With Persons Who Had Been Told Time And Again, "You'll Have To Live With It." Why Not Try Chiropractic, You Can Lose Is Your Health Problem.

**Dr. J. F. Stynchula  
Chiropractor**

**NO CHARGE FOR SPINAL X-RAY AND  
CONSULTATION DURING MONTH OF JULY  
STYNCHULA CHIROPRACTIC CLINIC  
2014 Market St., Harrisburg, Pa. 234-5671**

*July 14*

**THE SPINAL COLUMN  
YOU DON'T HAVE TO LIVE WITH IT**

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**Dr. J. F. Stynchula  
Chiropractor**

**NO CHARGE FOR SPINAL X-RAY AND  
CONSULTATION DURING MONTH OF JULY  
STYNCHULA CHIROPRACTIC CLINIC  
2014 Market St., Harrisburg, Pa. 234-5671**

*July 20*

*The Patriot  
Harrisburg, Pa.*

**ACR 000923**

*Aug 6*

*July 27*

**THE SPINAL COLUMN  
THE RESTLESS LEG**

If you have ever tried to go to sleep when your legs won't turn loose and relax then you know what is meant by "the restless leg." The restless leg syndrome is characterized by a creeping, crawling, tense, jerky sensation in the legs occurring at rest. This annoying condition is due in most cases to neurovascular changes resulting in a decrease of blood in the legs, or overly tense vessels that fail to relax. A more recent cause is disturbances in nerve centers in the spine that supply and control nerve function and blood circulation in the legs. Modern chiropractic care will usually bring good results to persons afflicted with the restless leg.

**Dr. J. F. Stynchula  
Chiropractor**

**STYNCHULA CHIROPRACTIC CLINIC**

2014 MARKET ST., HARRISBURG PA. 234-5671

**THE SPINAL COLUMN  
"YOU CAN'T WISH  
YOURSELF WELL"**

Many of us are half sick and half well nearly all the time, great ailments and just no relief.

Our newspaper and magazines tell us about a famous couple. Reason—Health.

One reason you do not read about it, but which is found in practically every case of ill health is "an enlarged corpus callosum." The average sufferer has been prescribed, treated or operated, and steered from one specialist to another, only to find out that as one ailment is patched up, trouble starts somewhere else. It is confusing and expensive when you have spent your money and time on a variety of doctors and differing drugs in a constant effort to regain your health, yet nothing seems to help.

**DR. J. F. STYNCHULA  
CHIROPRACTOR**

Life does not seem miserable! These lose their importance! You lose touch with yourself! It is difficult to be a good wife, mother, father, husband, son, daughter or grandchild when one is sick and miserable.

We can't get our message of hope there on to all of our readers, but to a few there seems to be a message of courage that frames the doctor's words and helps in healing.

As you read, there is a message of hope that frames the doctor's words and helps in healing. You can't wish yourself well. You must first change the way you think, and then you may be your own answer. You can't wish yourself well. You must first change the way you think, and then you may be your own answer. You can't wish yourself well. You must first change the way you think, and then you may be your own answer.

**STYNCHULA CHIROPRACTIC CLINIC**

2014 MARKET ST., HARRISBURG PA. 234-5671

The York Dispatch

Aug 9 '71

## OUR PATIENTS SPEAK . . .

### TO WHOM IT MAY CONCERN:

For nearly ten years I suffered from severe back pain and nervousness to the point where I could not sleep anymore. Finally, my arms and legs become effected. All this trouble started after I had a bad fall, injuring my spine.

I tried many different doctors seeking help and relief from my pain. I wore braces and had my shoes built up. Nothing helped. I finally got to the point where the pain was almost unbearable. It was harder for me to use my arms and legs. I thought there was no hope for me be-

Donald Gantner

cause there was absolutely nothing or nobody to turn to anymore for relief from my pain.

I finally became acquainted with chiropractic care. I was told how many cases such as mine had been helped and restored to health. I decided it was time to try another approach—other than what I had been doing for the past ten years, with no results.

I went to Dr. L. E. Weaver, explaining everything to him. He took x-rays, located my problem and started me on chiropractic adjustments; a completely new experience for me.

This was seven months ago. Thanks to Dr. Weaver, today I am a new man! No aches or pains. My nervousness is completely gone. All it took on my part was a little patience and time to experience the wonderful results of chiropractic adjustments. I can now live a normal life once again, doing things I could never do before. There is nothing like good health!

I am so happy and proud of what Dr. Weaver has done for me. I hope and pray through this letter Dr. Weaver will be able to help others as he has helped me.

**Why Be Sick When You Can Be Well?**

**All Cases Accepted Regardless of Financial Ability to Pay.**

**Free Spinal X-Rays.**

Sincerely,

Mr. Donald Gantner

716 E. Princess St.

York, Penno. 17403

**Dr. L. E. Weaver, Chiropractor**

Phone 818-7013

1015 E. Market St., York



Distributed in Western Suburbs of Chicago

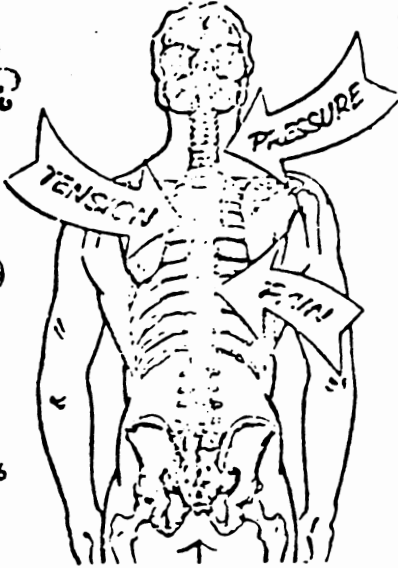
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PINCHED  
NERVES  
FREE  
X-RAYS  
TO DECEMBER 11, 1976  
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NOW OPEN  
EIGHTLY**



**INITIAL OFFICE VISIT \$5.00  
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X-RAYS ONLY WHEN NEEDED**

**Dr. Anthony J. Lefe, D.C.  
PHONE: 930-0440  
3312 MAIN STREET  
DOWNERS GROVE, ILL.**

**WANT TO RELIEVE NECK CONTRACT YOUR PINCHED NERVES FREE X-RAYS TO DECEMBER 11, 1976 with this ad NOW OPEN EIGHTLY**

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Malted Milk

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EACH

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Malted Milk

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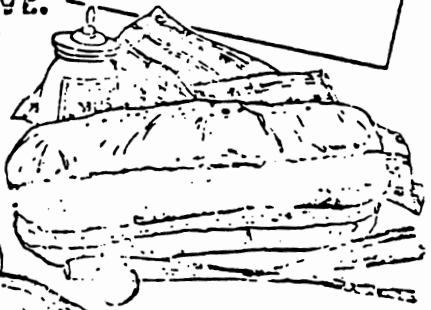
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DAY only 25¢**



**EVERY THURSDAY  
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000925

# The Pottstown Mercury

June 17

**DR. TOM YINGST** 1325 HIGH ST.  
POTTSTOWN, PA.

## CHIROPRACTOR

Make The Fight Against Pollution Your Personal Battle - Stop  
Polluting Your Blood with Pills, Drugs, Shots, Etc.

REGAIN HEALTH MAINTAIN HEALTH  
THE NATURAL WAY - THRU CHIROPRACTIC

CALL FOR APPOINTMENT TODAY - 326-9762

**NO CHARGE** FOR ANY NECESSARY DIAGNOSTIC  
X-RAYS - DURING JULY

June 21

**DR. TOM YINGST** 1325 HIGH ST.  
POTTSTOWN, PA.

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**NO CHARGE** FOR ANY NECESSARY DIAGNOSTIC  
X-RAYS - DURING JULY

June 30

**DR. TOM YINGST**  
1325 HIGH ST. POTTSTOWN, PA.

## CHIROPRACTOR

REGAIN HEALTH - MAINTAIN HEALTH  
THE NATURAL WAY

CALL FOR APPOINTMENT TODAY . . . 326-9762

**FREE X-RAYS** - NO CHARGE FOR X-RAYS  
DURING MAY AND JUNE.

July 19

**DR. TOM YINGST** 1325 HIGH ST.  
POTTSTOWN, PA.

## CHIROPRACTOR

Make The Fight Against Pollution Your Personal Battle - Stop  
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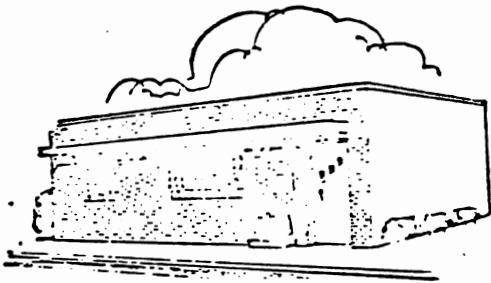
**NO CHARGE** FOR ANY NECESSARY DIAGNOSTIC  
X-RAYS - DURING JUNE

# WHY BE SICK WHEN YOU CAN BE WELL?

If you are sick, if you have tried other methods and have given time for recovery, but you still are suffering, it may be the one causative factor has been overlooked . . . spinal nerve pressure. Chiropractic adjustments correct the interference to restore vital nerve energy flow to all parts of the body to bring you health.

Regardless of what your ailment is called . . . no matter how long you have suffered . . . Chiropractic may be the exact answer to your specific health problem. Chiropractic succeeds many times after all other methods have failed.

We accept all cases regardless of ability to pay.



FREE SPINE X-RAY except cases covered by insurance

**TUCCI Chiropractic Office**

BELLE VERNON, PA. PHONE 929-6100

If No Answer PHONE 684-5711

*June 31 ↑*

*The Valley Independent  
Honesda Pa.*

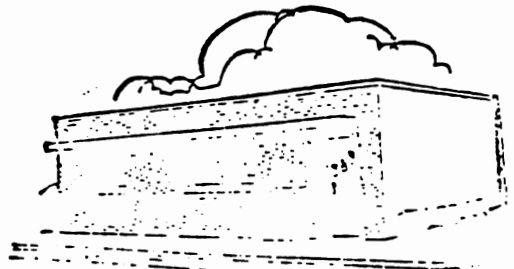
*June 28*

# HEADACHES? WHIPLASH? NERVES? PAINS?

In spite of all efforts and trying all other methods to get well, many persons continue to suffer because they have overlooked the one causative factor . . . nerve pressure upon vital nerves. In turn they may overlook the one specialist in this field . . . a chiropractor. He is trained to locate and correct existing nerve pressures to bring you health.

## Why Be Sick When You Can Be Well?

We accept all cases regardless of ability to pay.



FREE SPINE X-RAY except cases covered by insurance

**TUCCI Chiropractic Office**

BELLE VERNON, PA.

PHONE 929-6100

ACR000927

# No One Need Suffer Because of the High Cost of Health...

Too often the reason given for failing to get needed CHIROPRACTIC Care is the initial cost of X-Ray and examination. Realizing that this is a financial burden to many, we have established

## — FREE SPINAL X-RAY —

Any pinching of the nerves as they leave the spine can cause disfunction of the organ supplied by that nerve. The spine is the switchboard controlling health. Chiropractic adjustments release the body power to heal.

# DR. RONALD R. ROGERS

Chiropractor

1701 Wyoming Ave.  
Exeter, Pa.

Phone 655-3027

157 E. Main St.  
Plymouth, Pa.

Phone 777-3443

*We Accept All Cases Regardless Of  
Condition or Financial Ability To Pay!*

*Times-Leader  
The Evening News  
Wilkes-Barre, Pa.*

*Aug -3 '71*

ACE 9.0328

AC 000929

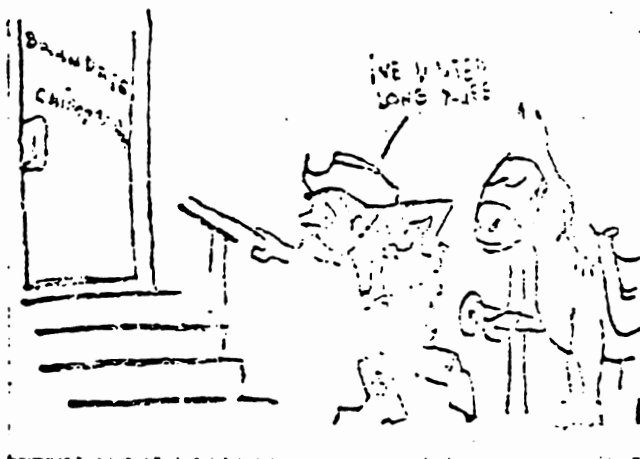
Berwick Enterprise  
Berwick, Pa.

July 6, 1971

Berwick Enterprise  
Berwick, Pa.

June 28, 1971

It is an honor to live in the United States of America where each individual has the right to freedom of speech and freedom of the press . . . where all truths can be brought to the public for their evaluation by the public.



**PROCRASTINATION IS THE  
THEF OF HEALTH**

Call for a Chiropractic examination today.  
Chiropractic releases the vital nerve energy  
your body needs to function properly.

**WHY BE SICK WHEN YOU CAN BE WELL?**

**FOR YOUR FREE SPINAL X-RAY**

**PHONE 752-0033**

**DR. R. F. BRUNDAGE**

**Chiropractor**

Dr. Benjamin Rush, signer of the Declaration of Independence, realized the need for this protection in the field of healing when he said:

"To restrict the art of healing to one class of men and deny equal privileges to others will constitute the bane of medical science. Such restrictions are fragments of monarchy and have no place in a republic."

**WHY BE SICK WHEN YOU CAN BE WELL?**

**FOR YOUR FREE SPINAL X-RAY**

**PHONE 752-0033**

**DR. R. F. BRUNDAGE**

**CHIROPRACTOR**

Berwick Enterprise

Berwick, Pa

June 21, 1971

## NERVES . . . JUST NERVES!

"Your trouble is nerves, just nerves, that's all," many have been told. But, your nerves are too important, to your body to be dismissed so easily.

Nerves make possible every function of your body. Your nerves transmit all sensations to and from the brain. Your nerves make possible sight, smell, taste and hearing. Nerves maintain your balance and keep your

body temperature at 98.6 degrees. Nerves control your blood pressure, stomach action, blood flow, speech and breathing. Nerves make your muscles move. Nerves make it possible to swallow. In fact every function taking place in your body is under the control of the nerve system, often called "THE MASTER SYSTEM OF THE HUMAN BODY."

No matter how long you have been sick, no matter what you are suffering from, no matter what you have been told about your problem, it may be that you are strictly a Chiropractic case and have been treated for something else. You cannot say everything has been done unless you have first tried chiropractic.

---

### FREE SPINAL X-RAYS

to all cases being paid by the family budget.

---

FOR YOUR FREE SPINAL X-RAY

PHONE 759-0033

Dr. R. E. Brunninge

Chiropractor

ACB

000930



Berwick Enterprise

Berwick, Pa

June 28, 1791

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to all cases being paid by the family budget.

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FOR YOUR FREE SPINAL X-RAY

PHONE 759-0033

Dr. R. E. Drundage

Chiropractor

ALL 000931

The Milton Standard  
Milton, Pa.  
June 21 '71

## **Chiropractic Requirements**

1. *Four years' training at an approved Chiropractic college.*
2. *Two years' pre-professional college, in science subjects.*
3. *One and one-half years' internship at an approved chiropractic college clinic.*

## **Chiropractors . . .**

*Trained to locate and remove spinal nerve root interference.*

## **Chiropractors . . .**

*Have been effectively helping many bodily ailments for over 75 years.*

**DR. D. P. FISHER**

**Chiropractor**

132 Main Street  
Watsonstown, Penna.  
538-4702

**FREE  
SPINAL X-RAYS**

**Our 8th Year of Sincerity . . .**

ACH 000932



The Daily Item  
Sunbury Pa  
June 21 '71

## CHIROPRACTIC REQUIREMENTS

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## Dr. D. P. FISHER

### CHIROPRACTOR

132 Main Street

Watsonstown, Penna.

Phone 538-4762

— FREE —  
SPINAL X-RAYS

Our 8th Year of Sincerity . . .

ACE 000935

The Daily Item

Sunbury Pa

June 28 '71

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## PINCHED NERVE?

We are quite aware that seldom do bones directly pinch nerves. But disc-protrusion and edema from the injury of a spinal mis-alignment does . . .

Many types of bodily dis-ease or organ dysfunction can be attributed to a pinched nerve . . .

If you have a health problem that is not responding — it may well pay you to investigate the wonders of Chiropractic.

**REGULAR CHIROPRACTIC ADJUSTMENTS  
DON'T COST . . . THEY PAY!!!**

**DR. D. P. FISHER**

CHIROPRACTOR

132 Main Street

Watsonstown, Penna.

Phone 538-4702

**FREE  
SPINAL X-RAYS**

Our 8th Year of Sincerity . . .

ACR 010934

*Holiday Greetings*

from the

*Panarelli Chiropractic Office*

*Gift Certificate*

This Certificate entitles holder to

PRECISION SPINAL X-RAYS WITHOUT CHARGE OR OBLIGATION.

HA 7-6666

Good until Jan. 15, 1969



REC 090935

**PINCHED SPINAL NERVE?**

**YOUR PROBLEM MAY BE CAUSED  
BY PINCHED SPINAL NERVES!!!**

When a spinal nerve is pinched by a misplaced vertebra of the spinal column, it hinders the impulses of the brain from stimulating that area properly which is needed for Good Health.

**Get Your Spine Checked Today!!!!**

**DR. HAROLD H. GEORGE JR.**

—CHIROPRACTOR—

2355 State Street, East Petersburg, Pa.

Phone 569-5731

Located 3 Blocks East of Traffic Light

All cases Accepted Regardless of Ability To Pay!



*Intelligencer Journal  
Lancaster, Pa.*

*June 22 '71*

**FREE X-RAYS**

Participating Doctor of Life Foundation

We accept all cases regardless of  
condition of ability to pay!

Hours — Mon., Wed., Fri. 10 to 10, Tues. 10 to Noon

Sat. 9 to Noon. Closed all day Thur.

**GOULD CHIROPRACTIC CLINIC**

Reynolds Business District Rt. 13

PHONE TRANSFER 646-2321

*The Record - Argus  
Greenville, Pa.*

*Aug 9 '71*

600 000940

SOUTH CAROLINA

## "I FEEL LIKE I HAVE A NEW CHEST"

For six years I have been in a serious condition with bronchial asthma. During this six years period of time I tried all kinds of doctors and had all kinds of tests made. I even had a special vaccine made for me, but it didn't stop my asthma, in fact I can't see where it did any good at all. I went to asthma and allergy specialists in Charlotte, N. C., Pine Hurst, N. C., and several other places, but still no help. One of my specialists told me I would never be able to work again and I would take asthma to my grave.

After six years of asthma and medication, I decided to try a chiropractic. In November of this past year, I went to see Dr. J. D. Young, the Florence Chiropractor. Dr. Young made x-rays of my spine. He showed me misalignments in my spine that were cutting off the vital nerve supply in my lungs. I started to get adjustments to correct this. In two weeks I could see an improvement. In six weeks my chest felt better than it had in years. After three months of chiropractic care, I can honestly say that I'm better than I have been in six years. I do not wheeze and I feel like I have a new chest. There are a lot of people with asthma, allergy and bronchitis who should try chiropractic. It could be a blessing to them like it has been to me.

Mrs. Mable Whittington  
Box 35, Jancie Circle  
Cheraw, South Carolina

Asthma is the name given to a group of symptoms. These symptoms are treated medically with various drugs in the form of shots, pills and inhalants. Do they cure asthma - No - only help a person to hide or cover up the symptoms while the cause is left alone - does Chiropractic cure asthma - No - it only restores and maintains the integrity of the nervous system - if this is done it proves that God knew what he was doing when he created us. He created our body to be able to cure itself if it works properly - the job of Chiropractic is to help it work properly.

### INVESTIGATE CHIROPRACTIC

Thousands have been helped at  
The Young Clinic . . . Why not you?

### FREE SPINE X-RAYS

In cooperation with  
THE LIFE FOUNDATION

THRU AUGUST 31, 1971

DR. J. D. YOUNG  
CHIROPRACTIC  
CLINIC  
505 W. PALMETTO ST.  
FLORENCE



CR 000939