

FACTS ^A_N_D SECRETS

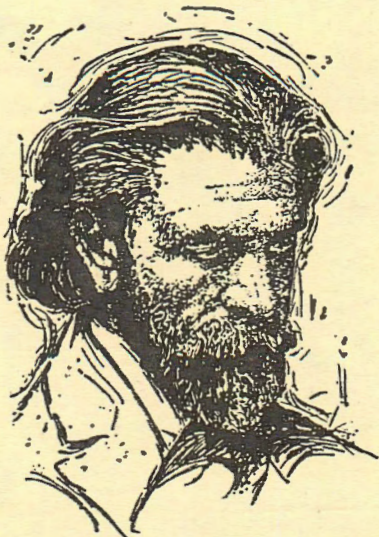
MEDICINE DOESN'T WANT KNOWN

BY BOB SOTTILE, D.C.



**CHIROPRACTIC - 100 YEARS
AHEAD OF ITS TIME;
MEDICINE - NOT THE ANSWER
WHAT YOU SHOULD KNOW ABOUT HEALTH
FOR YOU AND YOUR FAMILY**

B. J. PALMER, D.C., Ph.C



"The master maker of the human body did not create you and then run off and leave you masterless. He stayed on the job as Innate, as the Fellow Within, as nerve transmission controlling every function of life, as Spirit from Above-Down, Inside-Out, expressing, creating, exploring, directing you in every field and phase of experience so that your home is truly the world and the world is your home."

B. J. Palmer

Preface

The purpose of this writing is to alert and educate the public to the dangers of prescription drugs and other medical procedures. The statistics you are about to read are quite astonishing but true. Americans are the most drugged people in the world and yet, one out of every three Americans has chronic disease. If drugs were the answer to health, we would be a very healthy nation. However, at best, drugs cover up symptoms while real causes remain.

Those in the medical profession who are aware of this problem and address it without bias are speaking out more and more.

In the following pages you will read their comments concerning drugs, antibiotics, hospital horrors and much more. You will also read what they are saying about chiropractic and how important chiropractic is in obtaining optimal health.

To present a writing which is representative of the facts and truths without bias, I have used only quotes and statistics from highly reputable and knowledgeable experts, studies and research.

Bob Sottile, D.C.

Acknowledgements

My life in Chiropractic has been one of rich rewards. From the infants to the aged that I have cared for, each has meant much to me. To see and experience, and have part in their recovery after all else has failed has been gratifying. To see the crossed eyes straighten, the respiratory problems cleared up, the braces removed and so much more, has left an indelible mark.

Thanks:

To my mother and father, who encouraged me to enter the Chiropractic profession. Their love and support have always been forthright. They have always been there for me. I am proud to be their son. They are very special people to me. My dad passed on two years ago. It is to his memory I dedicate this book.

To my wife Cheryl and my three wonderful children, Bobby, Dean and Laura who have always supported my work in this magnificent field. I remember vividly the first adjustment I gave each of my children within hours of their birth. I have seen them grow to healthy adults without the use of drugs and vaccinations. They always had unblemished attendance records in school. Epidemics never affected them. Their God-given natural immunity and resistance has been exemplary of the wonderful benefits of chiropractic.

To D.D. Palmer, the Founder of Chiropractic in 1895, and to his son, B.J. Palmer who developed Chiropractic and its philosophy, 100 years ahead of its time. And to Dr. Sid Williams, who has been my mentor since 1967. His guidance, vision and direction continue to serve as an inspiration to me and other Chiropractors the world over.

And last, but not least, those colleagues in my profession who have also dedicated their lives to give, love and serve those in need, without compromise. I would especially like to thank my closest friends and colleagues Jim Sigafosse, Dick Santo, Tom Pasterski, and D.D. Humber. They have all been an inspiration to me. Their camaraderie has been a very important part of my life.

"The 1990 Harvard Medical Practice Study suggests that each year 150,000 people die from the negligence of doctors. Since there are 300,000 doctors in the U.S., that means that each year approximately one out of every two doctors kills a patient negligently. Over a 30 year career, this could mean the average doctor would kill 15 patients.

*Since there are about 200 million guns in the U.S. and about 30,000 people die yearly from gun assaults, suicides and accidents combined, each year an American gun has a one in 6,666 chance of killing someone. This means that any doctor, any year, is 3,500 times as likely to kill someone as any gun. Even the raw numbers are astonishing. **Doctors kill FIVE TIMES AS MANY PEOPLE AS GUNS!***

Think about it. Should we be turning in our guns or turning in our doctors?"¹

¹ Edgar A. Sutton, M.D. Doctors for Integrity in Research and Public Policy Courtesy of Badlands: The Crossroads of Science and Spirit.

ABOUT DRUGS AND THE PRACTICE OF MEDICINE:

"If all the medicine in the world were thrown into the sea, it would be bad for the fish and good for humanity."

O.W. Holmes, M.D., Professor of Medicine, Harvard University

"Preventable drug-related morbidity and mortality represents a serious medical problem. Negative therapeutic outcomes resulting from drug therapy is estimated up to 138.8 billion dollars per year."

A.M.A. Archives of Internal Medicine

"61% of all deformities in newborn infants and 88% of all stillbirths must be attributed to the effects of medication."

Dr. W. Mueller, First University Hospital For Women, Munich

"We must educate the consumer about health care. We must shake people out of their mindless, brain-washed acceptance of the medical system and all its dogmas."

Dr. Sidney Singer, The Medical Report

"Drug medications consist in employing as remedies for disease, those things which produce disease in well persons. Its material medicine is simply a lot of drugs and chemicals and dye-stuffs, in a word, poisons. All are incompatible with vital matter, all with living matter, all produce disease when brought in contact with living matter, all are poisons."

*R.T. Trall, M.D., Lecture to members of Congress
and medical profession at the Smithsonian Institute
in Washington, D.C.*

"The greater part of all chronic disease is created by the suppression of acute disease by drug poisoning."

Harry Lindlahr, M.D.

"Medical practice has neither philosophy nor common sense to recommend it. In sickness, the body is already loaded with impurities. By taking drug medicines more impurities are added thereby the case is further embarrassed and harder to cure."

Elmer Lee, M.D. Past Vice President, The Academy of Medicine

"Medicine is only palliative, for lack of disease lies the cause, and this cause no drug can reach."

Wier Mitchell, M.D.

"Don't trust your doctor. Assume that if he prescribes a drug, it's dangerous. There is no safe drug."

Robert C. Mendelsohn, M.D.

"Confession of a Medical Heretic"

"Any drug without toxic effects is not a drug at all."

Eli Lilly, head of Eli Lilly Drug Company

"The entire field of orthodox oncology will disappear as chemotherapy, surgery and radiation for cancer are revealed as fundamentally irrational and scientifically unsupportable. The value of ultraradical surgery, of routine postoperative irradiation and of adjuvant chemotherapy have been grossly exaggerated and oversold to the public. Often times, patients die from the operation, not the condition."

George Crile, M.D. "Dissent in Medicine"

"A recent study reveals that one out of every three hospitalizations today occurs as a direct result of mismanagement of prescription drugs. With the exception of heroin and cocaine, 85% of all drugs currently abused in the streets are manufactured by "ethical" drug companies."

*Alan S. Levin, M.D. Professor Immunology and Dermatology,
University of California School of Medicine*

"This year, over 3,000,000,000 prescriptions will be written. Thousands will become disabled and die as a result of these drug therapies. In fact, there is a new category of disease that is a direct product of our medical system - iatrogenic disease. Iatrogenic means doctor caused. 20% of all medical problems in this country are iatrogenic and 30% of all hospital admissions are a direct result of taking prescription or over-the-counter medications."

Sydney Singer, M.D.

"The person who takes medicine must recover twice; once from the disease, and once from the medicine."

William Usler, M.D.

"Why should a patient swallow a poison because he is ill, or take that which would make a well man sick?"

I.F. Kebler, M.D.

"What hope is there for medical science to ever become a true science when the entire structure of medical knowledge is built around the idea that there is an entity called disease which can be expelled when the right drug is found?"

John H. Tilden, M.D.

"Every educated physician knows that most diseases are not appreciably helped by medicine."

Richard C. Cabot, M.D. Massachusetts General Hospital

"Drugs never cure a disease. They merely hush the voice of nature's protest and pull down the danger signals she erects along the pathway of transgression. Any poison taken into the system has to be reckoned with later or even though it palliates present symptoms. Pain may disappear, but the patient is left in a worse condition though unconscious of it at the time."

Daniel H. Kress, M.D.

"I learned as a resident that the proper treatment for tonsillitis was x-ray therapy. Together with hundreds of other doctors, I prescribed x-rays for the tonsils. This led to tens of thousands of cases of thyroid cancer. At the University of Chicago Medical School I participated in DES experiments in which we gave women that female sex hormone diethylstilbesterol in a fruitless attempt to prevent miscarriages. It didn't work, but it did leave us a generation of sons and daughters with tumors and malformations of the reproductive organs."

Robert Mendelsohn, M.D.

"All medicines, in a way, are poisons - you try to poison the disease before you poison the patient. That goes for aspirin or anything else we take.

*David Spodick, M.D. Professor of Medicine,
University of Massachusetts Medical School*

Dr. Spodick is also known as the "Conscience of Cardiology"

ABOUT ANTIBIOTICS - THEIR INEFFECTIVENESS

"Worst of all, Western medicine is proving ineffective against autoimmune diseases."

Hans Krugler, Ph.D.

Journal of Longevity Research

"The medical profession has become derelict in discerning the side effects of antibiotics. They devastate the very micro-organisms that maintain the homeostasis (normalcy) of the living internal and external surfaces. Once "cleared" of harmful and helpful bacteria alike, most opportunistic organisms gain a foothold and proliferate (spread)."

Keith W. Sehnert, M.D.

"Crazy overuse of antibiotics is one reason drug resistant diseases such as T.B., staph and pneumonia are on the rise. There's vast overuse."

New England Journal of Medicine, U.S.A. Today

"Up to half of the 110 million antibiotic prescriptions written annually by private practitioners may be inappropriate. They neither shorten the course of acute illness nor prevent secondary bacterial infections. Doctors wrote 18 million antibiotic prescriptions in 1992 for upper respiratory tract infections - an ailment for which they are essentially useless. U.S. doctors, in fact, prescribe more antibiotics for childhood ear infections than for any other ailment. Despite the escalating use, office visits for the ailment have doubled."

Dr. James Hughes, U.S. Center For Disease Control

(Editor's note: Not the case with children under Chiropractic care.)

"Antibiotics are very limited. At best they conferred a 14 percent advantage over doing nothing. Antibiotics can cause side effects and lead to the development of drug resistant bacteria that can cause a more serious disease."

*Dr. Alfred Berg, Professor of Medicine
University of Washington*

Co-Chairman of a Federal Panel

"Chronic middle ear problems in children have not diminished despite the number of antibiotics used. We have created a whole new kind of ear problem. We have used antibiotics so excessively, that we've depressed the development of the child's immune system." *Walter Belenky, M.D.*

(Editor's Note: On the contrary, regular Chiropractic care elevates the immune system naturally by removing nerve interference caused by subluxations.)

"Antibiotic therapy is not an effective treatment against otitic media (ear infection) and rates of recurrent infection are significantly higher in children who have been treated with antibiotics."

Journal of the A.M.A. Dec. 18, 1991

"Pediatricians and family physicians prescribe over 500 million dollars worth of antibiotics for year for ear infections alone; obstetricians and gynecologists write 2,645,000 antibiotic prescriptions per week and internists 1,416,000 per week." *Drs. Lendon Smith, Keith Schnert and Michael Schmidt, "Beyond Antibiotics"*

"Recurrent rates of middle ear infection and fluid were significantly higher in the antibiotic-treated group than the placebo group. Children receiving amoxicillin for chronic middle ear infections experienced two to six times the rate of recurrence."

*Erden Cantekin, M.D. Former Director of Research
University of Pittsburgh*

VACCINATIONS - A BIG HOAX WITH DISTORTED FACTS

"The biggest reason why companies are getting out of the (vaccination) business is the liability problem. Unlike other medications, vaccines have the effect of making a healthy child sick. This is especially true of the whooping cough vaccine which has more harmful side effects than other vaccines. Between 40-50 children who receive the vaccine each year suffer brain damage. Lederle Labs says its claims are between 200 million and 400 million dollars. Pfizer Inc., a New York based pharmaceutical firm, left the vaccine business because of its claims, related to its oral polio and measles vaccines."

*Jerry Warren, Spokesman for the
Pharmaceutical Manufacturers Association*

"Every physician of experience has met with many cases of cutaneous eruptions, erysipelas and syphilis which are directly traceable to vaccinations."

*Prof. Robert A. Gunn, MD
"Vaccinations - Its Falsities and Evils"*

"Any kind of vaccination or inoculation weakens the condition of the blood and all inoculations were dangerous because they introduced foreign matter into the blood stream directly."

*Frederick Sondern, M.D.
American Association of Immunologists Convention*

"During the last five years we have collected from the newspapers over 500 cases of injury and deaths from vaccination. The victims died of the usual vaccination diseases such as hepatitis (liver damage), post vaccinal encephalitis, convulsions, lock jaw (from tetanus shot), erysipelas, polio meningitis and others."

Thomas Morgan, Well known researcher and author

"I have thought many times of all the insane things that we have advocated in medicine, that compulsory vaccination is one of the most insane ... to insist on the vaccination of children or anybody for prevention ..." *William Howard Hay, M.D.*

"For the past ten years or so, I have felt the deep and growing compunction against giving routine immunizations to children. Soon I discovered that I could no longer bring myself to give the injections even when parents wished me to. Such concerns loom even larger as new vaccines continue to be developed, seemingly for no better reason than that we have the technical capacity to make them and thereby to demonstrate our power, as a civilization, to manipulate the evolutionary process itself. Whooping cough, T.B., cholera, typhoid and other common scourges of a bygone era began to disappear toward the end of the 19th century in response to improvements in public health and sanitation, but in any case, long before antibiotics, vaccine, or any other medical methods designed to eradicate them. Millions upon millions of young people became infected by polio viruses, yet suffer no harm from the infection. What is less readily apprehended is the more common fact that infection can occur without producing disease."

*Richard Moscowitz, M.D. Harvard University
Phi Beta Kappa New York University Medical School*

"In a recent outbreak of whooping cough, even fully immunized children contracted the disease in large numbers. In another recent outbreak of pertussis, 46 of the 85 fully immunized children eventually contracted the disease; UCLA had an outbreak of measles and supposedly 91 percent were immunized. In Pelos, New Mexico, within a period of a few months, 20 cases of measles were reported and 75 percent of them had been fully immunized. Finally, although the overall incidence of typical acute measles in the U.S. has dropped, the death rate remained exactly the same with peak incidence now occurring in adolescents and young adults, the risk of pneumonia and demonstrable liver abnormalities has increased substantially according to recent studies to well over 3 percent and 20 percent respectively. Vaccines are artificial immunity - it is certainly realistic to expect such artificial immunity will, in fact, "wear off" quite easily. In the first place, a number of investigators have shown that when a person vaccinated against the measles, for example, again becomes susceptible to it, even repeated booster doses will have little or no effect. Since routine vaccination introduces liver viruses and other highly antigenic material into the blood of virtually every living person, it is difficult to escape the conclusion that a significant harvest of autoimmune diseases will automatically result."

"Dissent in Medicine"

Pages and pages can be written concerning the dangers of vaccination. Many books are available on this topic. The following cases are just a few examples of vaccine horrors. After reading the following information, I have included the National Vaccine Information Center's form. Become a member. Support this very important organization. Call their "800" number to order their very informative packets. This is certainly information the medical profession and the drug industry would rather not have you know. It's a danger to the big money make at the expense of our children's health.

... if your life has not been touched by the tragedy of vaccine death or injury, consider yourself lucky . . .

They had no voice . . . They had no choice.



Anna

In January 1989, Anna had her 1st MMR vaccination at 15 months of age. Within two days, she began limping. Over the next two weeks she stopped walking, developed unusual cold symptoms, a 102 degree fever, and was irritable, wanting to be held constantly. Over the next six weeks, she became totally paralyzed. At three years old, Anna cannot walk independently or talk. She is severely handicapped and language delayed.

Ashley, May 1991
18 months old
4th DPT & OPV & Hib
Reaction: Within 72 hours,
103 degree fever, lethargy,
Hospitalized with kidney
failure and encephalitis.
Severely mentally and
physically handicapped



Kimberlie, April 1989
2 months old
1st DPT & OPV
Reaction: Within 3 hours
103 degree fever, high
pitched screaming,
convulsions
Died: August 1991 of
cardiac arrest

Joshua, July 1983
6 months old
3rd DPT & OPV
Reaction: Within 6 hours,
high-pitched screaming,
did not want to held,
101 degree fever followed by
one hour grand mal seizure.
Moderate to severely
mentally retarded and
severely language delayed



Richelle, August 1979
6 months old
3rd DPT & OPV

Reaction: Within 10 hours,
shock-like behavior followed
by grand mal seizure with
severe diarrhea and
respiratory arrest.

Severely mentally and
physically handicapped



... if your life has already been affected by a catastrophic vaccine reaction, you know how important it is to have accurate information about vaccines.



Christopher



Matthew, January 1990

4 months old
1st DPT & OPV
Reactor: Within 12
hours, projectile
vomiting, staring,
behavior change,
very tranquil.

Died: Within 26 hours

Sean, January 1979
8 months old
3d DPT & OPV

Reaction: Within 3 hours,
swelling at site of
injection, high pitched
screaming, projectile
vomiting, diarrhea,
behavior change.

Learning Disability with
severe motor damage



In June 1990, Christopher had his 1st DPT & OPV vaccinations at two months of age. Within 2 hours, he started high pitched screaming. His mother called the doctor, who prescribed Pediacare. The screaming would not stop and she took him to the doctor's office, where Christopher continued screaming and began projectile vomiting. The doctor told her Christopher was having a strong reaction to his vaccinations and to give him more Pediacare. After short periods of sleep, interrupted by high-pitched screaming, Christopher died 21 hours after receiving his vaccinations.

THEY HAD NO VOICE . . . THEY HAD NO CHOICE.

The children you see here suffered a severe reaction to a routine DPT (diphtheria, pertussis, tetanus), MMR (measles, mumps, rubella), or OPV (oral polio) vaccine. They are only a few of the thousands of children who have died or been left with medication resistant seizure disorders, mental retardation, physical handicaps, learning disabilities or other chronic illnesses after a reaction to a routine vaccination.

MOST PARENTS DON'T KNOW

■ That the pertussis (whooping cough) portion of the DPT shot can cause convulsions, shock, brain inflammation, and death within hours or days of the vaccination. One large U.S. study found that 1 in 875 DPT shots produces a convulsion or collapse/shock reaction, which means that some 18,000 DPT shots cause American children to suffer one of these neurological reactions every year. It is unknown how many of these children die or suffer permanent brain damage such as uncontrollable seizure disorders, mental retardation and learning disabilities. Because the pertussis vaccine provides only temporary immunity to whooping cough, many older children and adults are vulnerable to the disease.

■ That the onset of adverse events following MMR (measles, mumps, rubella) can begin within minutes, days, or even months and can cause encephalitis (brain inflammation) and death. The measles portion of the shot does not always insure immunity to the disease and the Centers for Disease Control suspects the measles epidemics of the 1990's are caused by a more deadly wild virus than in previous decades. A U.S. government study found a relationship between rubella vaccine and chronic arthritis, and some nervous system and blood disorders are being investigated as reactions to the rubella vaccine. Adult women who have received the rubella vaccine have a significantly higher rate of joint problems, including arthritis, than do children and adult males.

■ That OPV (oral polio vaccine) can cause encephalitis, death, and polio in the recipient or those who are in close contact with the recipient.

DPT FOUNDED

Dissatisfied Parents Together (DPT) was founded in 1982 in Washington, D.C. and quickly grew into a national organization dedicated to educating parents and the general public about childhood diseases and vaccines in order to prevent vaccine deaths and injuries. The DPT membership was instrumental in the passage of the National Childhood Vaccine Injury Act of 1986, Public Law 99-660, and landmark vaccine safety bills in several states. In 1989, Dissatisfied Parents Together opened the National Vaccine Information Center (NVIC/DPT).

NVIC/DPT INFORMS PARENTS

The National Vaccine Information Center, Dissatisfied Parents Together, (NVIC/DPT) is a national, non-profit, educational organization. The Center serves as an information clearinghouse on existing vaccines as well as vaccines that are being developed for mass use in the United States in the future. The NVIC/DPT is the only national organization working to reform the mass vaccination system to make it safer for all children and adults, and the only national organization which represents the needs of vaccine damaged victims and their families.

The Center supports an educated parent's right to choose not to have a child vaccinated with a vaccine the parent considers to be a danger to the child's health.

BECOME INFORMED: NVIC/DPT

■ supplies information to parents and health care providers. *NVIC/DPT EDUCATES*

■ provides national media information, and participates in television and radio programs, and newspaper and magazine articles on all vaccine issues. *NVIC/DPT INFORMS*



NATIONAL VACCINE INFORMATION CENTER

operated by Dissatisfied Parents Together

512 W. Maple Avenue, #206, Vienna, VA 22180 (703) 938-DPT3
1-800-909-SHOT

- Yes, I would like to become a NEW member of NVIC/DPT.
 Yes, I would like to RENEW my membership.

\$25 Individual Member
Can help educate parents about vaccines.

\$50 Professional Member
Can help prevent vaccine injuries and deaths.

\$100 Associate Member
Can help obtain the right to freely choose if and when to vaccinate.

_____ **Special Gift.** *Leaves a legacy of hope to children who have already been injured as well as those who are yet to be born.*

Please send me a copy of *What Every Parent Should Know About Immunization* at \$16 each. (\$12.95 book, plus \$3.05 postage/handling = \$16.00. VA residents add \$.59 sales tax per book.)

Please send me a copy of *A Shot in the Dark* at \$13 each. (\$9.95 book, plus \$3.05 postage/handling = \$13.00. VA residents add \$.45 sales tax per book.)

Total Enclosed: \$ _____

NAME: _____ DATE: _____

ADDRESS: _____ CITY: _____ STATE: _____

ZIP: _____ PHONE: (_____) _____

VISA / MC (Circle One) CREDIT CARD NUMBER: _____ EXP. DATE _____

Make check or money order payable to NVIC. Add \$5 for all orders outside USA. U.S. Funds only.

- supports an informed parent's right to choose any, all, or no vaccines for a child. **NVIC/DPT SUPPORTS FREEDOM**
- produces parent information booklets, newsletters, brochures, books, and other information to educate the public about vaccines. **NVIC/DPT PUBLISHES**
- provides emotional and informational support to thousands of concerned parents of vaccine damaged children. **NVIC/DPT CARES**
- operates a referral service and provides materials for families seeking vaccine compensation, medical, legal, or research information on childhood vaccines and diseases, and provides information on state exemptions. **NVIC/DPT HELPS**
- identifies representatives to provide state and local support to families on all vaccine issues. **NVIC/DPT NETWORKS**
- provides information on how to report a vaccine reaction, death, or injury to the government. **NVIC/DPT TRACKS REACTIONS**
- compiles information and conducts research on childhood diseases, vaccines, and vaccine reactions. **NVIC/DPT CONDUCTS RESEARCH**
- represents the concerns of vaccine consumers on the National Vaccine Advisory Committee and the Advisory Commission on Childhood Vaccines under the Secretary of Health and Human Services, and monitors vaccine related legislation. **NVIC/DPT IS A LEGISLATIVE WATCHDOG**

JOIN NOW

You are the most valuable resource in assuring that the public has information about vaccines and the right to decide if and when to vaccinate. By joining NVIC/DPT, your donation will help support consumer representation and monitoring of these issues, and you will be kept up to date through the "NVIC News." A yearly membership donation for an individual or family is \$25, professional member \$50, or associate member \$100. For further information and available materials write: NVIC/DPT, 512 W. Maple Avenue #206, Vienna, VA 22180 (703) 938-DPT3 or 1-800-909-SHOT. All donations are tax deductible.

STATISTICS - THE NUMBERS TELL THE STORY - DON'T BECOME ONE!

The RAND STUDY showed

-- 44% of all U.S. heart bypass operations were performed for dubious or inappropriate reasons - some patients with one clogged vessel got bypass surgery though no evidence indicated it would help.

-- 20% of all childbirths are done by Caesarian. Three quarters of these operations are unnecessary and endanger the health of the mother and child.

--"Medicine is causing up to 1,000 deaths a week due to unnecessary drugs and surgery."

Dr. Virgil Steed Blue Ribbon Commission

-- Yale University and New Haven Hospitals states that 2,000 deaths are contributed by the same cause --

--"27 percent of tonsillectomies and 22 percent of hysterectomies were unneeded."

*Chicago Tribune Value Health Services Inc.
for Blue Cross and Blue Shield*

--"One out of every 1,000 hospital patients died as a result of a drug or group of drugs."

Journal of the A.M.A.

--"America is turning into a chemical culture. Enough valium and librium are prescribed in the U.S. to provide 32 doses a year to every man, woman and child in the country."

Dr. J. Patrick Tokarz A.M.A. Committee

--"Asthma costs Americans \$6.2 billion a year. 9.12 million Americans suffer from asthma."

Dr. Kevin B. Weiss

George Washington University study on Asthma

--"Everyone has from 100 to 10,000 cancer cells floating in their body at all times. If the immune system is strong, they are destroyed before any damage is done. However, new cancer cells develop every day, so you must keep your immune system in top condition. If it weakens too much, that's when cancer can establish itself."

*Dr. Michael Williams Professor of Medicine
Northwestern University Medical School*

--"Each year anti-inflammatory drugs are a significant health problem. Each year complications lead to 41,000 hospitalizations and 3,300 deaths due to bleeding ulcers."

Lawrence K. Altman, M.D.

-- Balloon angioplasty - a \$4 billion per year business, kills 9,000 people a year even though there's never been a study to prove it does any good. It doesn't. Most people are back in the hospital within six months.

-- Heart bypass operations - a \$10 million per day industry, kills 28,000 Americans every year even though two big studies have proven bypass surgery does not make patients live longer.

--"A seven year study of 90,000 women aged 40-59, showed that those who had regular mammograms were subjected to twice the surgery and more mastectomies than those who didn't and yet, life expectancy is exactly the same." *Health and Wellness Today*

--"Even doctors admit that 900,000 unnecessary angiograms are done every year in the U.S. alone. 4,500 people die needlessly as a result." *Health and Wellness Today*

A HARVARD MEDICAL SCHOOL STUDY REVEALED:

- 219 people died today due to medical procedures.
- 876 were seriously injured today from medical procedures.
- 75% of all heart bypasses are unnecessary.
- Four out of five Caesarians are unnecessary.
- Seven out of ten hysterectomies are unnecessary.

HEALTH ALERT MAGAZINE AND PH.D.s REPORTS:

- 61,000 cases of drug-induced Parkinson's Syndrome.
- 32,000 hip fractures caused by prescription drug induced falls.
- 163,000 cases of drug-induced memory loss or impaired thinking.
- 243,000 hospitalizations because of prescription drug reactions.

--Tambocor, an FDA approved drug for heart arrhythmia, has killed 50,000 people. Interestingly, out of 755 people who took the actual drug, 63 died. Of 755 taking a placebo, 23 died. There were three times more fatalities from taking the actual drug. Your chances of living are three times better without the drug.

--Americans consume over 15 tons of aspirin per day, or 19 billion tablets per year, causing 2,000 deaths annually. This is the leading cause of kidney disease, stomach ulcers and Reyes Syndrome in children.

--60% of all drug-related emergency room visits and 70% of all drug-related deaths involve adverse reactions to prescription drugs.

--In an average year, 1.6 million people are hospitalized due to adverse reactions to prescription drugs and 160,000 of these people die from the reaction.

--"Americans pay more for health care than any other country. And remember, it's not health care, it's disease treatment. In the last 30 years, expenditures went from \$43 billion to \$940 billion and is still climbing. If people were getting well, expenditures should not be

rising in astronomical amounts as they are. Are you aware that our infant mortality rate is worse than 20 other nations, and people live longer in 16 other countries."

World Health Organization

--The average American family has 29 different drugs in their medicine cabinet and Americans consume over half the drugs in the world at the rate of 25 million per hour.

--"The risk of developing hospital acquired infection is one in 20 or 5% of those admitted to hospitals come down with infectious illness; it costs more than \$1 billion a year to treat hospital-acquired infections in the U.S.; hospital-acquired infections kill 1.2 percent of the people who develop them and contribute to the deaths of another 3.5 percent; more people suffer from hospital-acquired infections than are admitted to hospitals for cancer or accident-injury treatment; hospital-acquired infections outnumber hospital admissions for heart attacks four to one; 75,000 people die from hospital-acquired infections of the blood."

U.S. Center for Disease Control study

--*Dr. Julian Whitaker, world-renowned author and cardiologist, states:*

"Heart bypass surgery which earns doctors \$28 million per day doesn't work, doesn't stop heart disease (scientifically proven) and may actually speed up the disease. Medical techniques like radical mastectomy, balloon angioplasty and cancer chemotherapies - to mention only a few - are not only unproven but in many cases disproved. (They are, however, shown to be profitable for doctors.) Prescription drugs often do more harm than good. (A Harvard study revealed that in one year, almost 10,000 people died in New York hospitals - not from diseases but from medical treatments and doctors' mistakes. Another Harvard study stated 84% of heart patients who were told they needed bypass surgery were found not to need it. Since 17,500 patients die every year from this operation, as many as 14,875 lives might be saved by alternative treatments.)"

--"50% of all medical costs in this country are spent on medical tests which are often useless and frequently dangerous."

Ed Pinckney, M.D.

--"Year after year, the results of one out of every seven tests were totally in error or, in some way, absolutely useless to apply to the patient being tested. At this rate this amounts to more than four million erroneous test results being reported every day."

Center for Disease Control and Public Health Service

--"The stress electrocardiograph test is less than 40% accurate. It's just plain no good. It can show a false positive result indicating heart disease exists when it really does not - almost 70% of the time. For every 10,000 stress tests done, at least four people have a heart attack - and, one of them dies - while the test is being performed."

*Dr. George Burch
One of this country's foremost cardiologists
and editor of The American Heart Journal*

--"Each curve A, B, C, D and E is for different combinations of radical mastectomy, less than radical mastectomy, lymph node dissection and radiation in five different combinations.

The effect on life is no different for simple or radical mastectomy in these patients. But it had been "obvious" that taking out more breast would be "better."

National Breast Adjuvant Study

--There are 250 prescription drugs that should not be used by older adults. Just 20 of these "do not use drugs" account for over 80 million prescriptions purchased yearly at a cost in excess of \$1 billion per year. They are Valium, Delmane, Halcion, Restoril, Aliven, Xanax, Elaril, Darroset, Indocin, Feldene, Persantine, Albuterol, Dyrenium, Catapres, Benyl, Dennatal, Librax, Darvon, Lomotil, and Tigan.

-- Nsaids, an anti-inflammatory drug used for arthritis, causes bleeding ulcers. Each year 41,000 hospitalizations are caused by this drug with 3,300 deaths.

-- 90% of stillbirths are due to massive subluxations in the upper cervical spine.

-- 60% of all drug-related emergency room visits and 70% of all drug-related deaths involve adverse reactions to prescription drugs.

-- 70% of doctors who treat Medicare patients failed an exam on prescribing to the elderly.

-- 37% of people over age 60 are taking five or more prescription drugs, 19% take seven or more.

-- A court has awarded \$8.8 million to a former White House aide who claims that ordinary doses of Tylenol destroyed his liver.

-- 163,000 cases of drug-induced memory loss or impaired thinking in America alone.

-- 2.4 billion prescriptions are written each year.

-- Americans consume over half of all drugs in the world at the rate of 25 million drugs per hour.

-- 1.6 million people are hospitalized due to adverse reactions from prescription drugs.

-- 160,000 die per year from adverse reactions to prescription drugs.

-- Two million are addicted to prescription drugs.

-- 36% of hospital admissions were caused by doctors *Boston University Study*

-- Seven times more people die from prescription drug side effects than from heroin, crack or other illegal drugs.

-- 9,000 die from balloon angioplasty per year at a cost of \$4 billion annually.

-- Heart bypass, a \$10 million per day industry, kills 28,000 Americans every year even though two major studies have proven that bypass surgery does not make patients live longer.

-- Doctors admit 900,000 unnecessary angiograms are performed each year in the U.S. alone, causing 4,500 deaths needlessly as a result.

Many of the statistics listed above are repeated from other parts of this text but are repeated for emphasis. The list of statistics goes on and on. Pages upon pages could be written on the profession that considers itself "The Guardian of the Public Health." As you can see, the medical profession should best be labeled the "Hiders of the Public Disease Crisis." Medicine has nothing to do with health - just disease.

More and more medical experts are coming out publicly against orthodox medical practices and procedures. The figures don't lie. Health does not come in a bottle. Nor does it come from removing organs which each have a specific function.

Doctors are talking about "wellness." To the medical profession, wellness means being free of symptoms. However, being free of symptoms is not indicative of being in a state of optimum health. You may be free of symptoms today and have a stroke or heart attack tomorrow.

WHAT MEDICAL EXPERTS HAVE BEEN SAYING ABOUT CHIROPRACTIC, ITS PHILOSOPHY AND PRACTICE

Dr. Andrew Weil, Harvard-trained physician and author of Spontaneous Healing

"The body has an innate ability to fight germs and infections and heal itself. Western doctors are frozen in a disease-oriented mode, concentrating on curing disease with drugs and surgery rather than on prevention and stimulating the body's natural healing power. Most drugs just prevent the disease from expressing itself symptomatically. Symptoms disappear but the disease actually gets progressively worse."

Deepak Chopra, M.D. World renowned best-selling author and Harvard-trained Endocrinologist:

"Inside your body is a wonderful pharmacy. You name it, the human body can make it - tranquilizers, sleeping pills, anti-cancer drugs; the right dose at the right time for the right organ with no side effects. And all the instructions you need come with the packaging which is your Innate Intelligence."

Dr. James P. Woddersee, neurosurgeon, "Surgical Treatment":

"Subluxations of vertebrae occur in all parts of the spine and in all degrees. When the dislocation is so slight as to not effect the spinal cord, it will still produce disturbances in the spinal nerves passing off from the spinal foramina."

Dr. Chang La Suh, Ph.D. University of Colorado, researcher in spinal mechanics:

"The weight of a quarter on a spinal nerve will reduce nerve impulses up to 60%."

Dr. Lee Hadley, Syracuse Memorial Hospital:

"Subluxation alone is a rational reason for Chiropractic care throughout a lifetime from birth."

Henry Windsor, M.D. The Windsor Autopsies:

"Organs supplied by impinged nerves exhibit pathological changes."

Andrew Weil, M.D. Health and Healing:

"The true causes of disease are internal. This point must be stressed: External material objects are never causes of disease, but they are merely agents, waiting to cause specific symptoms in susceptible hosts. This principle suggests other ways of thinking about prevention and treatment rather than those predominantly in conventional medicine. Rather than warring against disease agents with the hope (in vain, I suspect) of eliminating them, we ought to worry about strengthening resistance to them and learning to live in balance with them more of the time."

Walter Rauscher, M.D., international expert from Karlsruhe, West Germany:

"I now appeal to all mothers; don't panic every time your child gets a cold or some other kind of minor infection. Give nature a chance to heal by itself. In most cases, it will, and you will have spared your child the risk of becoming chronically ill."

Ronald Pero, Ph.D. Chief of Cancer Prevention Research at New York's Preventive Medicine Institute and professor of Medicine in Environmental Health at New York University:

"Chiropractic is a potential alternative for reducing the risk of immune breakdown and disease. Chiropractic may optimize whatever genetic abilities you have so that you can fully resist serious disease. I'm very excited to see that without chemical intervention ... that this particular group of patients (research group under long-term Chiropractic care) did show

a very improved response. The changes occur from Chiropractic treatment. The Chiropractic patients had a 200% greater immune competence than people who had not received Chiropractic and 400% greater immune competence than people with cancer or other serious diseases. Surprisingly, despite a wide range of ages in this study, the immune competence did not show any decline with age - it was uniform for the entire group."

Gutmann and Frymann, prominent German specialists, Manuelle Medizin

"Blocked nerve impulses at the atlas (top vertebrae) cause many clinical features from central motor impairment to lower resistance to infections - especially ear, nose and throat infections. Chiropractic and radiological examinations are of decisive importance for diagnosis of the syndrome. Chiropractic can often bring about amazingly successful results because the therapy is a causal one. 80% of all children are not in autonomic balance and many have atlas blockage (subluxation). Observations of motor development and manual control of the occipito-atlanto-axial joint complex should be obligatory after every difficult birth. (*Editor's note: After any and all births.*) The success of adjustment overshadows every other type of treatment."

Dr. Wm B. Greenough, Prof. of Medicine, John Hopkins University School of Medicine:

"Sneezes and sniffles are good for you. They clear the airways of harmful irritants and allergy-causing substances and keep them out of your lungs. A low fever is also a condition you should not try to relieve. Fevers actually fight bacteria and viruses. If a fever isn't over 104 degrees, diseases are shortened by letting the fever run its course. Coughing rids the body of bacteria and viruses by way of the lungs. If you take a cough suppressant, that can lead to pneumonia or a lower respiratory tract infection." (*Editor's note: Chiropractic has been saying these exact things for 100 years. Get adjusted to raise the body's resistance and let the body heal as it is intended.*)

Dr. Edward Goetzl, University of California:

"There was always a sense that the nervous system is involved in disease, so the idea of a link between the nervous system and the immune system is not new."

Dr. K.R. von Roques, Berlin:

"We must recognize that many ailments or diseases are enormously accelerated in their improvement by spinal therapy; indeed, many a cure thereby becomes for the first time possible ... without a conservative vertebral therapy as a basis of treatment, general medicine cannot go on ... We do not have to call our activity Chiropractic, but we do have to go to the Chiropractors for instruction."

Abraham Towbin, M.D. Neuropathologist Harvard Medical School "Latent Spinal Cord and Brain Stem Injury in Newborn Infants":

"Research indicated that the major cause of spinal kinesio-pathology in infants is childbirth and its widespread incidence during infancy. In our mind, stressing the need for correction from birth so that irreversible subluxation degeneration changes do not occur. Nerve system injury through cervical spine trauma at birth causes: abnormal function, abnormal behavior and early death (SIDS).

Editor's note: Every newborn should be brought in for a chiropractic examination as soon after birth as possible for the early detection and correction of subluxations which may only be corrected and detected by a chiropractor. Once initial correction is made, lifetime detection and correction will give maximum immunity and optimal resistance and health. Remember, it is never too late to start chiropractic care. Subluxations cause nerve junction to every organ, tissue and cells in the body to be adversely affected, therefore causing malfunction and disease, even before symptoms occur. Keep in mind that as long as any organ, tissue or cell of your body is not receiving its full amount of power because of subluxation, it cannot function normally. This results in a lack of health since every part must do its job in order for your body to be healthy.)

Please be aware that there are many in other fields who manipulate. However, only a chiropractor can adjust s vertebrae specifically to remove nerve irritation from subluxation. Manipulation is not adjustment. It is not specific. Every man, woman and child must be under regular lifetime chiropractic care for health, not disease. Along with good nutritional habits and diet, proper rest and exercise, you have everything necessary for optimum health. You deserve the best. Go to it!

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1847 - 1931

The doctor of the future
will give no medicine but
will interest his patients
in the care of the human
frame, in diet, and in the
cause and prevention of
disease.

Attributed to . . .

Thomas A. Edison